

### **Food And Drink**

If the children are allowed to have access to food and drink during the entertainment, it causes a big distraction, if one child gets up to get a drink they'll all jump up to get one, and the show may have to stop until they come back.

You also run the risk of spillage and the children will not be able to shout or participate while clutching and eating cake, ice-cream or cola.

### **The Party Food**

Keep the food simple, If you want to do a traditional party table just try not to go overboard and weigh it down with a ton of party food, Children often don't eat much at parties, you'll be taking 80% of it home at the end and Mum and Dad will be eating it for lunch for days.

The best way to avoid all the stress at tea time is to make up individual box meals or plates. With a couple of Sandwiches, Crisps, Sausage on sticks, Biscuits, Buns etc, basically simple party food that all kids love and will eat.

The bonus with this method is not only is there very little waste, but instead of going to all the hassle of setting out tables and chairs, the kids can sit on the floor picnic style and eat. This is the real stress free method.

Another good tip is to put all the sandwiches and savoury stuff out first, then bring out the sweet sticky stuff after about 10 minutes. that way at least some of your sandwiches will get eaten.

Thank you (Drinks are appreciated thought, entertaining is thirsty work).

### **Drinks**

Spillage is a 100% certainty at a party, no matter what you do at least one child will send their drink flying. To avoid the mess use cartons with straws, or better yet the pop-up drinks bottles like Fruit Shoots.

1, The children love them 2, if they knock them over it's just a drip not a flood.

If your going to give them fizzy pop, buy the sugar free diet drinks. Normal fizzy pop can turn even the nicest child into a **HYPER MONSTER**, and we will still need to be able to control the children for the after tea games.

## **The Birthday Cake**

### ***REMEMBER TO BRING A LIGHTER OR MATCHES FOR THE CANDLES!***

You would be amazed how many people forget, and the number of times Emazdad has had to get the birthday child to blow out the invisible magic candles.

At Mr Wishy Washy parties he will give you the nod when it's time to do the birthday cake, lead the children in singing the Happy Birthday song, and get the birthday child to make their wish and blow out the candles.